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ARTISANAL CONNECTICUT

BY BETH LEVINE

WOODSTOCK HILL PRESERVES

Woodstock, woodstockhillpreserves.com, 860/830-JAMS (5267)

Woodstock Hill Preserves is strictly a one-woman operation. For 30 years, owner/jam-maker Maureen Estony has created her own recipes, using only local ingredients and nothing artificial. She hand-inspects every piece of fruit! Even the pectins are pesticide-free, some of which she creates herself. Treat your toast to a slather of Plum with Vintage Port, Wild Maine Blueberry with Sliced Lemon Peel, Blackberry with Spiced Ginger or any of 11 other selections. (Or skip the toast and just lick it off a spoon!) She's currently working on a Jam-Boree program that will make her jams available for school and group fundraising efforts.

Where to buy: Order online at website.